



Little League® Baseball and Softball

West Side Little League Coaches Presentation - 2026





Who We Are

Little League International:

Character. Courage. Loyalty.

West Side Little League:

Through proper guidance and exemplary leadership, West Side LL assists youth in developing the qualities of citizenship, discipline, teamwork and physical well-being.

By espousing the virtues of character, courage and loyalty, our baseball and softball programs are designed to develop superior citizens rather than superior athletes.



West Side Little League

Board of Directors

Executive Board Members

President – Rich Mowrer (president@westsidelittleleague.org)

V.P. Baseball – Josh Kessler (vpbball@westsidelittleleague.org)

V.P. Softball – Pat McDevitt (vpsball@westsidelittleleague.org)

V.P. Challenger – Andy Thompson (challenger@westsidelittleleague.org)

Player Agent Baseball – Kevin Rothwell (playeragent@westsidelittleleague.org)

Player Agent Softball – Angela Jeffers (playeragentsoftball@westsidelittleleague.org)

Treasurer – Scott Kempf (treasurer@westsidelittleleague.org)

Secretary – Ryan Hemenway (secretary@westsidelittleleague.org)

Safety Director – Charles Catania (safetydirector@westsidelittleleague.org)

General Board Members

Kristin Ray	Jay Petkevis	Beau Westhoff	Darren Fink
Mike Pilotti	Mike Van Wyk	Dave Chuang	Eric Perna
Kevin Levy	Beau Westhoff	Frank Cipriano	Matt Palo
Jill Marsall			



West Side Little League

Additional League Roles

- Snack Bar (Kristin Ray)
- Fundraising (Kristin Ray)
- Sponsorship (Kevin Levy)
- Opening Day (Kristin Ray/Rich Mowrer)
- Picture Day (Dave Chuang)
- Spirit Wear (Rich Mowrer)
- Social Media (Kim Catania)
- Umpire in Chief (Kyle Hoff)
- Safety Director (Charles Catania)
- Fall Ball Director (Adam Larison)
- Uniforms/Equip (Mike Pilotti)
- Field Maintenance (Jae Eisenhower)
- Website Mgmt. (Frank Cipriano)

Other Annual Responsibilities

- ✓ Division Directors
- ✓ Photographer
- ✓ League Communications
- ✓ Board Meetings (league & D28)
- ✓ League Registration
- ✓ Field Permits
- ✓ Evaluations
- ✓ Draft
- ✓ Tball & Rookie Team Formation
- ✓ Season Scheduling
- ✓ Dining Nights Out
- ✓ League Improvement Projects
- ✓ Winter Clinic
- ✓ Rookie Division Clinic (USTC)
- ✓ Field Repairs
- ✓ District All-Star Team Selection
- ✓ Field CleanUp/SetUp Days
- ✓ Etc....



Little League PA District 28

(32 Districts in PA)

*Avon Grove
Caln
Downingtown West
East Side
Glenmoore Eagle*

*Kennett
Lionville
Oxford
West Side*

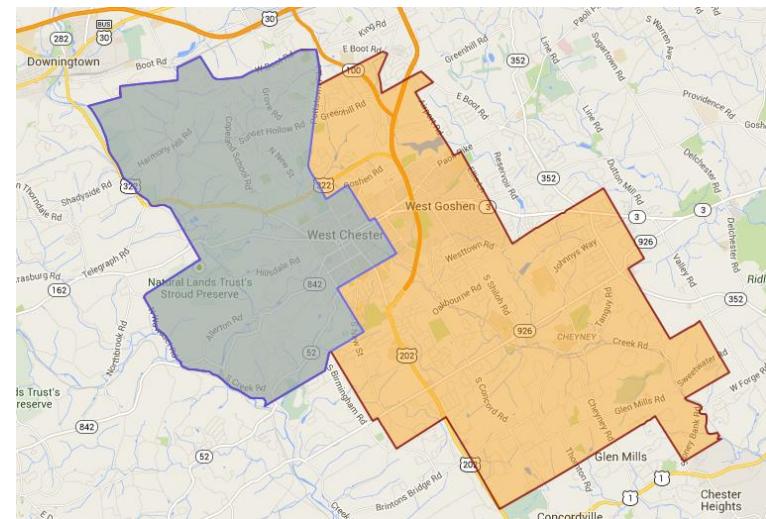


Residence and School Attendance Player Eligibility Requirements

Players who *live in or attend a school* within the boundaries of the local Little League will be eligible to play

A player will be deemed to reside within the league boundaries if:

- His/her parents are living together and reside within such league boundaries
- Either parent or court-appointed legal guardian reside within such boundaries



NOTE:

- Different Softball & baseball boundary
- 2025 League Eligibility Rule change



WSLL Baseball Programs



Tee Ball Division – 16 teams

For girls and boys league ages 4-5

Rookie Division (Coach Pitch) – 12 teams

For girls and boys league ages 6-7; Played on a 60' diamond with a 46'-ish pitching distance

Minors Division – 9 teams

For girls and boys league age 8 & 9; Played on a 60' diamond with a 46' pitching distance

Majors Division – 7 teams

For girls and boys league ages 10 & 11; Played on a 60' diamond with a 46' pitching distance

Intermediate Division – 6 teams

For girls and boys league ages 12 & 13; Played on a 70' diamond with a 50' pitching distance; includes playing rules such as baserunner leads, pitcher pick-offs, etc.

Junior Division – 1 team

For girls and boys league ages 13 & 14; Played on a 90' diamond with a 60' pitching distance;

Senior Division – None

For girls and boys league ages 15 & 16; Played on a 90' diamond with a 60' pitching distance; Possibly partner with East Side LL to field a team at this level



WSLL Softball Programs



West Side and East Side Little League have a combined charter for girls' softball. This means that any girl who lives or goes to school within the boundaries of either West Side LL or East Side LL are eligible to play in the West Side Little League softball program.

Rookie Division – 10 teams

For girls league ages 6-8; Played on a 60' diamond with a 35' pitching distance

Minors Division – 8 teams

For girls league ages 9-10; Played on a 60' diamond with a 35' pitching distance

Majors Division – 3 team

For girls league ages 11-12; Played on a 60' diamond with a 40' pitching distance

Junior Division – None

For girls league ages 13-15; Played on a 60' diamond with a 43' pitching distance

Senior Division – None

For girls league ages 16-17; Played on a 60' diamond with a 43' pitching distance

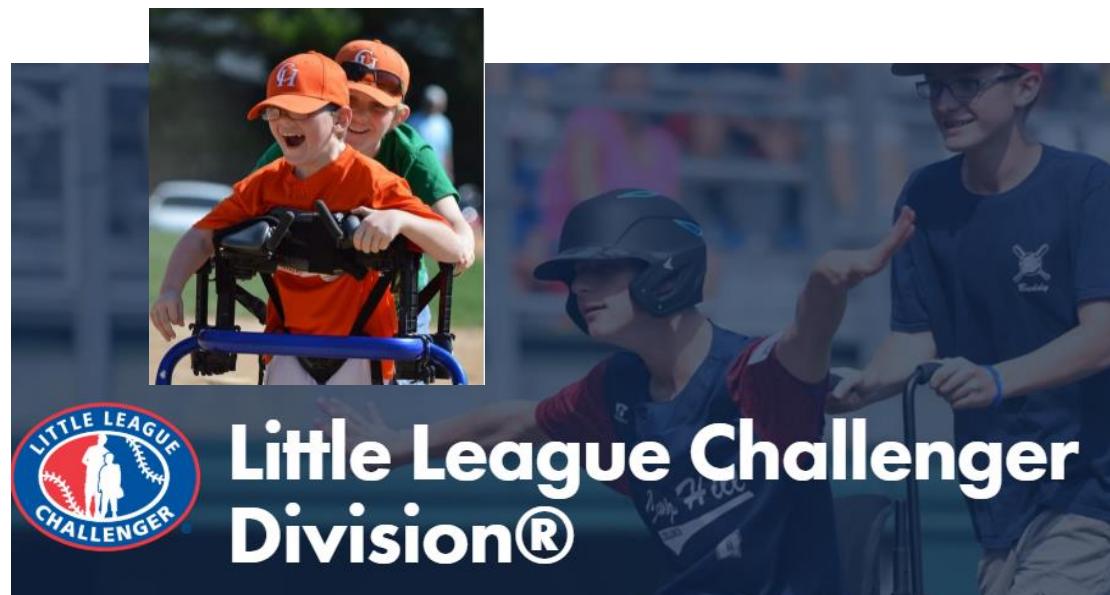


WSLL Baseball Programs



The Challenger Division

A program for developmentally and physically challenged youth, helping them to enjoy the full benefits of Little League participation in an athletic environment structured to their abilities. More than the skills of baseball learned through the experience, the value of the Little League Challenger Division is found in the proven therapeutic and socialization benefits of participating in sports.



**Little League Challenger
Division®**



Little League Coaches



Providing fun, meaningful baseball and softball experiences for children around the world.



“COACHES ARE TEACHERS AND MENTORS. THEY NEED TO USE THEIR TIME TO HELP BUILD CHARACTER.” – MIKE MATHENY, ST. LOUIS CARDINALS MANAGER



West Side Coaches Education & Training

- ✓ [Baseball Positive](#)
- ✓ [LL Tee Ball Curriculum](#)
- ✓ [Coach Pitch Practice Program](#)
- ✓ [LL Coaches Resource](#)

Baseball Coaching Drills



DRILL

Target Skill: Hand/Eye Coordination

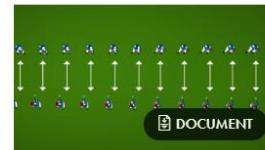
FOR COACHES



DRILL

Target Skill: Soft Hands

FOR COACHES



DRILL

Target Skill: Accuracy

FOR COACHES



DRILL

Target Skill: Pitching

FOR COACHES

Softball Coaching Drills



DRILL

Softball – Throwing Mechanics

FOR COACHES



DRILL

Softball Catching – Lateral Blocking

FOR COACHES



DRILL

Softball Drills – The Four Corner Drill

FOR COACHES



DRILL

Softball Catching Drills – 3 Ball Blocking Drill

FOR COACHES



West Side Coaches Education & Training

www.LittleLeagueU.org



All

Parents

Coaches

Umpires

League Officials

More

Search Little League University

A photograph of a baseball field during a game. In the foreground, a player in a grey uniform with the number 11 is seen from the side, looking towards the right. In the background, another player in a red uniform with the number 3 is seen from behind, also looking towards the right. The field is green with a white foul line and a red home plate. The background shows a chain-link fence and trees under a clear sky.

**LITTLE LEAGUE® UNIVERSITY IS DESIGNED
TO TRANSFORM THE WAY PARENTS,
COACHES, UMPIRES, LEAGUE OFFICIALS,
AND DISTRICT ADMINISTRATORS LEARN
ABOUT THE PROGRAM.**



West Side Coach Behavior Expectations

- Treat our children and parents with respect
- Use Positive Reinforcement – try not to yell angry!
- We are trying to build a lifetime love of baseball / softball

**** Board reserves the right to revoke coaching duties for any member ****

More information at the “Positive Coaching Alliance”
website: www.positivecoach.org





West Side Coaches Education & Training

www.positivecoach.org



- Isn't Positive Coaching just a lot of soft, happy talk?

No. Positive is Powerful. That's why such accomplished coaches as Steve Kerr, Phil Jackson and dozens of other top pro and college coaches use our techniques and advise us on theirs as members of PCA's National Advisory Board. Positive reinforcement and demonstration of belief in your athletes keeps them attuned to the necessary corrective criticism the best coaches provide. When coaches apply the right balance between specific, truthful praise and specific, constructive criticism they help athletes improve and compete better, while also helping them develop as people.



West Side Little League Safety

To increase awareness of the opportunities to provide a safer environment for children, volunteers and all Little League participants.



ASAP Program

Requirements for ASAP Plan

- Have a Safety Officer on file with LL Intl.
- Provide copy of ASAP plan to volunteers
- Post emergency and board contact info
- Coaches register with WSL; Federal and PA background checks are performed
- Provide Coaches and Fundamentals training
- Provide first-aid training
- Require field inspections before season & games
- Complete annual Facility Survey
- Post and Use concession stand procedures
- Regularly inspect and replace equipment as needed
- Have prompt accident reporting procedures
- Require first-aid kits at events
- Enforce all Little League Rules – important!!!





ASAP Program

First Aid

- All Managers will be provided with stocked first aid kits
- Please share! First Aid materials can be replenished
- Have your parents fill out a *Medical Release form (not required, but good for your knowledge)
- AED located outside Waltz snack bar



* Medical Release form found on WSLI website under "League Info / League Documents"



ASAP Program



What to do in the event of an injury

- Address situation immediately – apply first aid, involve parents, call 911
- Any situation where medical treatment was necessary should be reported to:

Safety Director, Charles Catania (267-226-3769) - safetydirector@westsidelittleleague.org

President, Rich Mowrer (610-999-1740) - president@westsidelittleleague.org

- Proceed with caution and common sense when a “minor” incident occurs
- If injury requires additional medical attention, an “Accident Claim Form” will be filled out by the Safety Director
- The Accident Claim form is mandatory when using West Side/Little League’s supplementary insurance

* Accident Claim form found on WSLL website under “League Info \ League Documents” (coaches will contribute info but Safety Director will complete and submit)



ASAP Program

Little League Supplemental Insurance



- *The Little League Insurance Program is designed to afford protection to all participants at the most economical cost to the local league.*
- *The Little League Player Accident Policy is an excess coverage, accident only plan, to be used as a supplement to other insurance carried under a family policy or insurance provided by an employer.*
- *If there is no primary coverage, Little League insurance will provide benefits for eligible charges, up to Usual and Customary allowances for your area.*
- *A \$50 deductible applies for all claims, up to the maximum stated benefits.*



ASAP Program



WSLL Fields

- **Waltz Field** (Home to WSLL) – 50 Waterwillow Rd, West Chester, PA 19380
- **East Bradford Park (Kenmara)** – 835 Kenmara Dr, West Chester, PA 19380
- **Copeland School Field** – 666 Copeland School Rd, West Chester, PA 19380
- **West Goshen Community Park** - Fern Hill Road & N. Five Points Roads, West Chester, PA 19380
- **Boot Road Park Field** – 110 W Boot Rd, West Chester, PA 19380
- **Joseph Catov Park** – 71 W. Boot Rd, West Chester, PA 19380
- **Green field Park** – S. Franklin St, West Chester, PA 19380
- **Peirce Middle School Field** – 1314 Burke Rd, West Chester, PA 19380



ASAP Program



Emergency Phone #'s

DIAL 911 IN THE EVENT OF ANY EMERGENCY

- Whiteland Township Police **(610) 363-0200** (Waltz, Peirce, Catov & Boot Rd.)
- East Bradford Police **(610) 696-2700** (Kenmara & Copeland School Fields)
- West Goshen Police **(610) 696-7400** (West Goshen Fields)
- Westtown East Goshen Township Police **(610) 692-9600** (Stetson Fields)
- West Chester Borough Police **(610) 696-2700** (Green Field & Borough fields)



ASAP Program

Coaches and Parents



Umpires

Respect toward the West Side Umpires by our players, coaches, and parents is demanded (not just expected)

- Reinforce to players not everything will go their way in baseball (or life!)
- Coaches must lead the way in proper behavior towards our umpires, players, and other coaches

**** WSLL has Zero tolerance for abuse of umpires ****



ASAP Program

Coaches and Parents



- No unauthorized adult is permitted in the dugout with the players.
- Only coaches and volunteers with background checks/clearance are allowed in the dugouts.
- Managers should ensure players that must use restrooms are accompanied to the facility by that player's parent or an authorized coach (Kenmara and West Goshen pavilion are out of sight)
- Meet/email with your parents before the season and reinforce behavior expectation (theirs' as well as their kids'!)



ASAP Program

Background Checks



- When you register as a coach on West Side's website through SportsConnect:
 - A Federal background check is performed.
 - Background checks are valid for 1 year through Little league.
 - Background check will be performed each year if you continue to volunteer.



ASAP Program



Rules for Supervising Children

Two Person Rule - managers and coaches shall avoid, to the maximum extent possible, being in a situation with players where they are the only adult.

Open Door Policy – Managers shall make it clear to parents that they are welcome to observe all team activities, within reason. However, parents and family members shall not be permitted on to fields/dugouts for safety reasons, unless assisting with activities at the manager's specific request.

** At all levels of game play if there are no other adult volunteers present the adult volunteer responsible for the team (manager or coach) must remain in the dugout or bench area at all times.

Drop-off/Pick-up Procedures - Managers should advise parents to drop their players off as close to the reporting time; Managers and coaches must remain at the field or facility at the end of practice until the last player has been picked up.



ASAP Program

Safety and Equipment



- All League-issued equipment is inspected annually
- Boys are expected to wear protective cups when catching
- All “Minors” baseball players must wear face protection on their batting helmet
- All catchers' helmets must have a dangle throat protector
- Masks are provided for softball pitchers (although not mandatory)
- Home team coach should “walk the field” before each game/practice and inspect for hazards (if found, report to Safety Director and use common sense about using the field)



ASAP Program Safety and Equipment



Little League Baseball: Rule 1.10

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat). Non-wood and laminated bats used in the Little League (Majors) and below, Intermediate (50-70) Division, and Junior League divisions, shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball's Youth Bat Performance Standard. All BPF – 1.15 bats are prohibited. The bat diameter shall not exceed 2⁵/₈ inches for these divisions of play. Bats meeting the Batted Ball Coefficient of Restitution (BBCOR) standard may also be used in the Intermediate (50-70) Division and Junior League Division. Additional information is available at LittleLeague.org/batinfo.

Little League Softball: Rule 1.10

The bat must be a softball bat which meets Little League specifications and standards as noted in this rule. It shall be a smooth, rounded stick and made of wood or a material tested and proved acceptable to Little League standards. The bat shall be no more than 33 inches (34 inches for Junior/Senior League) in length, not more than two and one-quarter (2-1/4) inches in diameter, and if wood, not less than fifteen-sixteenth (15/16) inches in diameter (7/8 inch for bats less than 30 inches) at its smallest part. Non-wood bats shall be printed with a BPF (bat performance factor) of 1.20. Bats may be taped or fitted with a sleeve for a distance not exceeding 16 inches from the small end. Colored bats are acceptable. A non-wood bat must have a grip of cork, tape, or composition material, and must extend a minimum of 10 inches from the small end. Slippery tape or similar material is prohibited.

YES



NO





ASAP Program

Safety and Equipment



Baseball Bats: Rule 1.10 – Baseball

Baseball Bat Chart

Minors & Majors	USA Baseball marking 2 5/8" barrel maximum *Approved Tee Ball bats may be used in coach pitch/machine pitch divisions only with the use of approved tee balls.
Intermediate (50/70) & Junior	USA Baseball marking or BBCOR marking 2 5/8" barrel maximum
Senior	ALL bats must be BBCOR

Note: USSSA is not allowed for WSLL



ASAP Program

Baseball Pitching



- At the Minors level and up, Little League International's pitch count rules must be strictly enforced
- West Side's "house rules" regarding 30% pitching totals must also be understood and enforced
 - Division Directors will provide more guidance & monitoring.
- West Side takes the well-being of its players **very seriously**, and we see limiting pitching as a very concrete way to keeping young arms strong and healthy
- Talk to parents about other (travel) teams – be smart and cautious about overuse



ASAP Program



Waltz Concession Stand

Adults only in the Concession Stand –

** Absolutely no unsupervised kids **

Follow documented procedures about food preparation and safety found in the concession stand

** If you are interested in helping with the Snack bar, please reach out to Kristin Ray : kmacfadden@gmail.com **



ASAP Program

Waltz Concession Stand Guidelines



I. CONCESSION STAND GUIDELINES

- a. The home teams scheduled to play are required to operate the concession stand during the season if there are no existing volunteers from the WSLL community scheduled.
- b. WSLL owns and maintains all equipment located within the Concession Stands. Groups must go through the Concessions Committee to use the equipment.

I. GENERAL OPERATIONS

- a. The Concession Stand will close for business 15 minutes prior to the anticipated end of game time. An announcement of pending closure should be made.
- b. Each team must designate at least one person as Point of Contact (POC)
 - i. Volunteers should provide their contact info.
 - ii. All volunteers must be trained in operating the concession stand.
- c. No one under the age of 14 will be allowed to work in the Concession Stand.
- d. All volunteers MUST wash their hands at the beginning of the shift and upon return to the Concession Stand from a break.
- e. Volunteers are prohibited from eating any food product while directly working in the Concession Stand. Please step outside or to a designated area.
- f. All sales will be counted immediately after the Concession Stand is closed for business and documented. When the Concession Stand is open continuously for more than one game the reconciliation will be done after the final game.
- g. Equipment or fixtures that malfunction or are damaged should be reported to the Concessions Committee immediately.



ASAP Program

Waltz Concession Stand Guidelines



I. CONCESSION STAND OPENING PROCEDURE

- a. Recommended Support Group provide a \$75-\$100 cash drawer for all activities.
- b. Volunteers must report to the Concession Stand 30 minutes prior to a game.
- c. Startup equipment according to documentation.
- d. Check for Clean environment in concession stand.

II. CONCESSION STAND CLEAN UP PROCEDURE:

- a. Clean the Concession Stand after the game.
- b. Turn off all machines and clean according to the procedures listed by the machines.
- c. Wash all dishes, clean all countertops, and sanitize.
- d. Sweep and/or mop the Concession Stand floor.
- e. Bag and empty trash cans located in the Concession Stand and placed in the dumpster.
- f. Police the grounds and area around the Concession Stand.
- g. Accounting for Cash: All Volunteers will account for cash together counting what is in the cash drawer and depositing it into the drop safe at the end of their shift. If multiple games are in a row, the cash should be counted after the last game.



ASAP Program



Alcohol Prohibited

All of our Township fields as well as our School District fields prohibit the consumption of alcohol on their premises (this includes parents and fans).

Please don't partake if you will be coaching later that day!



ASAP Program



Lightning

- Play should stop if lightning is detected within 10 miles of field (or thunder is heard!)

- Play can resume after 30 minutes of last seen lightning

- All coaches should download “Weatherbug” app. – it’s free – and lists most recent lightning strike near your location.



ASAP Program

Additional Safety Rules



- There is no “on-deck” swinging.
 - Players should move from bench to batter’s box.
 - No swinging behind dugouts.
- No bat weights or “donuts” permitted
- Players must wear catcher’s helmet when warming up pitcher pre-game or between innings
- Head-first slides are not permitted (Majors division & higher may dive back to a bag.)



ASAP Program



Following Little League Rules

It is EXTREMELY important to follow the rules, and to use approved / provided equipment, set forth by both Little League International and the Board and League Directors of West Side Little League.

The rules are established to provide a safe and inclusive environment for our boys and girls to compete.

Following the rules also provides YOU and the league with indemnification.



ASAP Program



Thanks for your attention and for devoting your time and energy to the boys and girls of our community!

Have fun and stay safe!

Please forward any comments or questions to:

Rich Mowrer: president@westsidelittleleague.org